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Hello, I'm Alexandre, a soccer enthusiast from São Paulo, Brazil. In this case study, I'd like to share my personal experience of betting on "Over 2.5" goals in soccer matches.

Background:
Ever since I was introduced to the world of sports betting by my friend, I was intrigued by the concept of "Over 2.5" goals betting. My friend, a seasoned bettor, recommended this strategy for anyone who wants a balance of risk and return in their wagers.

Description:
"Over 2.5" means that I'm betting on the total number of goals scored by both teams being three or more. When my friend first introduced me to this type of wager, I admit I was skeptical about it. However, he encouraged me to research the betting strategy, analyzing games, and discovering the potential for steady wins with smart choices. Thus began my journey into understanding and implementing the "Over 2.5" betting strategy.

Implementation Steps:

1. Choosing the matches: I focus on games involving teams with a significant gap in skill levels, such as the duel between the French and Panama's national teams. In these unbalanced contests, the likelihood of a high-scoring game increases. Additionally, I review teams' statistics and standing when making my selections.
2. Identifying patterns: I pay attention to recent form and whether a team consistently scores at least two goals. For instance, before betting, I would assess each team's past performances and ask myself: Has this team managed to score two or more goals in consecutive games despite the opposition's quality?
3. Reviewing key factors: I evaluate the context of the game, including injury updates, momentum, and whether either team has already secured the competition or needs the points. Confirming that most points from these evaluations lean towards a high-scoring match provides added confidence to my "Over 2.5" bet.

Achievements & Gains:
Over the past couple of years, I have seen steady growth in my bankroll by wisely choosing specific matches that meet the strategy's conditions. As I honed my analysis skills, a gradual yet definite increase in my overall success has become clear.

Recommendations & Cautions:

1. Thoroughly research both teams in terms of goal output.
2. Be mindful of emerging team strategies that indicate intent to defend.